

Week 1

Early Exposures

What is Early Exposures

- Photography class at CYP
- Ms. Alexis and Mr. Ahmad
- www.EarlyExposures.org website
 - Everyone gets their own blog
 - Every blog needs a portrait for that blog
 - We'll add photos to your blog each week
 - We will leave POSITIVE comments on each others blogs
 - Negative comments about each other will not be accepted including comments about the appearance of the people in any photo we look at.

TUESDAY



WEDNESDAY



Photo by Travon

DERRICK



Photo by Londyn

EGYPT



Photo by Toyibat

KAELYN

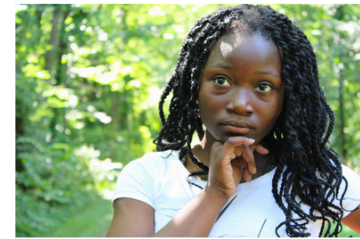


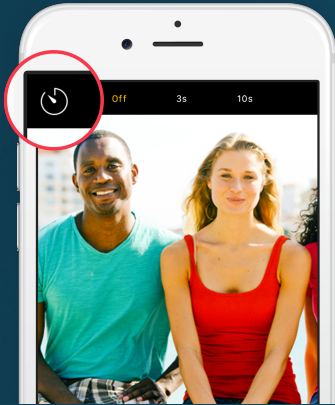
Photo by Jahari

HALIYAH



Taking a Self Portrait beyond a “selfie”

- Find the timer on your phone or tablet, choose the longer time (10s)



- Set your camera up against something steady and level
- Take bunch of photos using the same set up, try to not move the camera too much so you can make adjustments to your pose and composition.

Find the light

- Windows are the best option for lighting in our houses
- The light should fall on you not behind it, don't have your back to the window that will confuse the camera
- The window light should fall on your face or on the side





Nutrition Facts
Serving Size 1/2 cup (125g)
Calories 200

| | |
|-----------------------------|-------|
| Total Fat | 10g |
| Total Carbohydrate | 40g |
| Total Protein | 10g |
| Sodium | 100mg |
| Dietary Fiber | 5g |
| Sugars | 20g |
| Calcium | 100mg |
| Iron | 10mg |
| Vitamin A | 100% |
| Vitamin C | 100% |
| Vitamin D | 100% |
| Vitamin E | 100% |
| Vitamin K | 100% |
| Vitamin B1 | 100% |
| Vitamin B2 | 100% |
| Vitamin B3 | 100% |
| Vitamin B6 | 100% |
| Vitamin B12 | 100% |
| Folate | 100% |
| Potassium | 100% |
| Magnesium | 100% |
| Phosphorus | 100% |
| Zinc | 100% |
| Copper | 100% |
| Manganese | 100% |
| Selenium | 100% |
| Chromium | 100% |
| Molybdenum | 100% |
| Niacin | 100% |
| Pantoic Acid | 100% |
| Choline | 100% |
| Inositol | 100% |
| Omega-3 fatty acids | 100% |
| Omega-6 fatty acids | 100% |
| Trans fatty acids | 100% |
| Saturated fatty acids | 100% |
| Unsaturated fatty acids | 100% |
| Monounsaturated fatty acids | 100% |
| Polyunsaturated fatty acids | 100% |
| Essential fatty acids | 100% |
| Antioxidants | 100% |
| Phenolics | 100% |
| Flavonoids | 100% |
| Carotenoids | 100% |
| Vitamin E | 100% |
| Vitamin C | 100% |
| Vitamin A | 100% |
| Vitamin K | 100% |
| Vitamin B1 | 100% |
| Vitamin B2 | 100% |
| Vitamin B3 | 100% |
| Vitamin B6 | 100% |
| Vitamin B12 | 100% |
| Folate | 100% |
| Potassium | 100% |
| Magnesium | 100% |
| Phosphorus | 100% |
| Zinc | 100% |
| Copper | 100% |
| Manganese | 100% |
| Selenium | 100% |
| Chromium | 100% |
| Molybdenum | 100% |

Where is the light coming from?









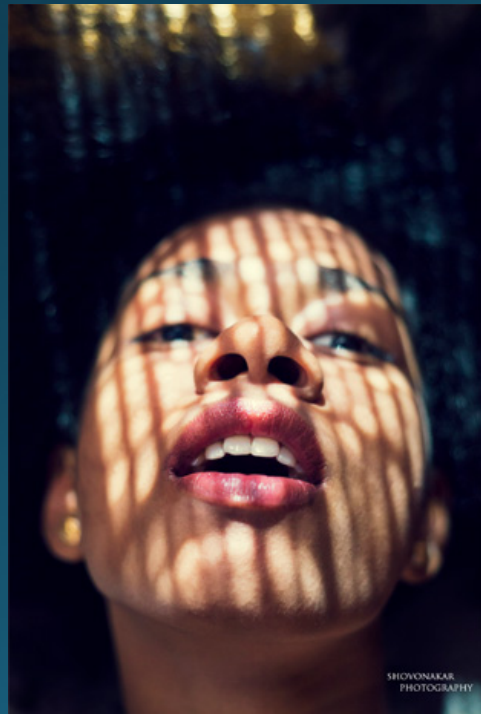


Directly In Front











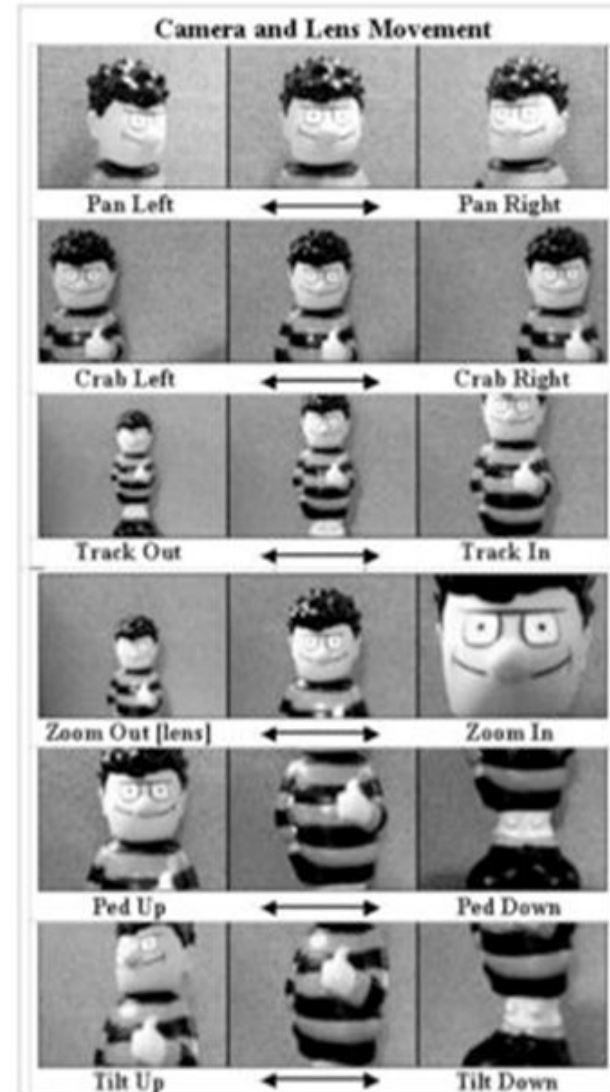
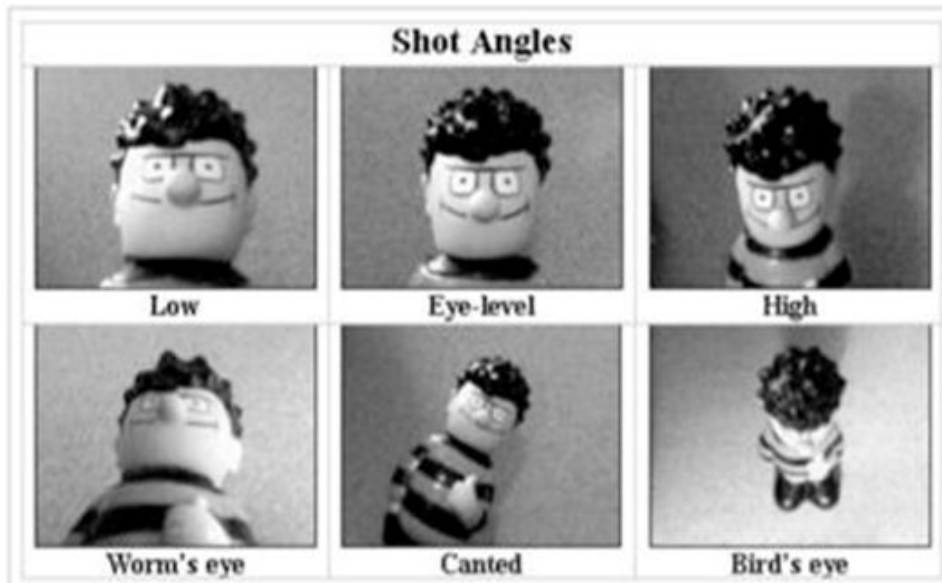
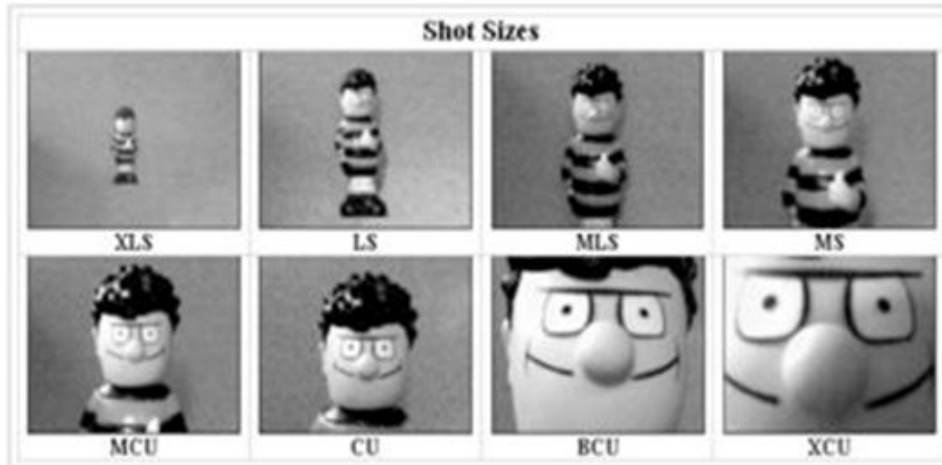
Take your Self Portrait

- Use the next 10 minutes to take photographs of YOU using your timer
- Try to stay focused on this assignment we will have lots of time for more photographs, we need a photo of you first.
- Submit your 3 best photos (no more than 3)
 - Text photos to (312) 854-9442
 - Upload at earlyexposures.org/student-upload

Every Angle Exercise - Object

- Find your subject: a book, plant, toy, doll, shoe, ANYTHING
- Time yourself for TWO minutes taking as many different photos are you can. Try from above, below, the left, the right upside down.
- Move your object and move around it.
- Submit you're the 3 photos most different from each other
- Return to class is 10 minutes

Camera Shots, Angles and Movement



Every Angle Exercise – 3 Objects

- Find your subjects: a book, plant, toy, doll, shoe, ANYTHING
- Time yourself for TWO minutes taking as many different photos as you can. Try from above, below, the left, the right upside down.
- Move your object and move around it.
- Submit you're the 3 photos most different from each other
- Text photos to (312) 854-9442
- Upload at earlyexposures.org/student-upload
- Return to class in 10 minutes

Week 1 Assignment - Portraits

- Photograph near a window like we did with self portraits
- Photograph outside if possible especially mornings and evenings
- Don't be afraid to direct your subject, ask them to turn their face towards the window
- Take many photos, give yourself options to choose from
- Work on this through out the week, don't rush.
- Submit your 5 best photos (no more than 5)
- Text photos to (312) 854-9442
- Upload at earlyexposures.org/student-upload

How to make an interesting portrait

Use a simple background to make your subject stand out



Color can also make
your subject stand
out



Use your
environment



Environment can
be inside too



The angle of your
composition



Pose of your
subject



Don't forget what
we already
learned about
lighting

